



# SOCIAL MEDIA POSTING PLAN



JAN FEB MAR APR MAY JUN JUL AUG SEPT OCT NOV DEC  
1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31

HOW I WANT TO FEEL THIS WEEK

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MY INTENTION FOR THIS WEEK IS

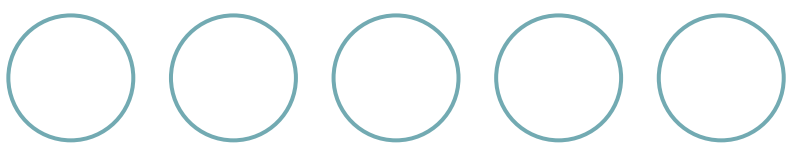
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### INTEREST AREAS



### FOCUS FOR THIS WEEK

- business ● \_\_\_\_\_
- products ● \_\_\_\_\_
- personal ● \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

### HOT BUTTON

\_\_\_\_\_

### FEATURED LINKS

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

### UPDATE JUICY OFFER

- photo \_\_\_\_\_
- title \_\_\_\_\_
- text \_\_\_\_\_
- button \_\_\_\_\_
- link \_\_\_\_\_

### SOCIAL MEDIA POSTS AND STORIES

MON <input type="checkbox"/> story <input type="checkbox"/> post <input type="checkbox"/> reel	
TUES <input type="checkbox"/> story <input type="checkbox"/> post <input type="checkbox"/> reel	
WED <input type="checkbox"/> story <input type="checkbox"/> post <input type="checkbox"/> reel	
THURS <input type="checkbox"/> story <input type="checkbox"/> post <input type="checkbox"/> reel	
FRI <input type="checkbox"/> story <input type="checkbox"/> post <input type="checkbox"/> reel	
SAT <input type="checkbox"/> story <input type="checkbox"/> post <input type="checkbox"/> reel	
SUN <input type="checkbox"/> story <input type="checkbox"/> post <input type="checkbox"/> reel	