



SOCIAL MEDIA POSTING PLAN



JAN FEB MAR APR MAY JUN JUL AUG SEPT OCT NOV DEC

1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31

HOW I WANT TO FEEL THIS WEEK

MY INTENTION FOR THIS WEEK IS

INTEREST AREAS



FOCUS FOR THIS WEEK

business ● _____

products ● _____

personal ● _____

● _____

● _____

HOT BUTTON

FEATURED LINKS

UPDATE JUICY OFFER

photo _____

title _____

text _____

button _____

link _____

SOCIAL MEDIA POSTS AND STORIES

MON <input type="checkbox"/> story <input type="checkbox"/> post <input type="checkbox"/> reel	
TUES <input type="checkbox"/> story <input type="checkbox"/> post <input type="checkbox"/> reel	
WED <input type="checkbox"/> story <input type="checkbox"/> post <input type="checkbox"/> reel	
THURS <input type="checkbox"/> story <input type="checkbox"/> post <input type="checkbox"/> reel	
FRI <input type="checkbox"/> story <input type="checkbox"/> post <input type="checkbox"/> reel	
SAT <input type="checkbox"/> story <input type="checkbox"/> post <input type="checkbox"/> reel	
SUN <input type="checkbox"/> story <input type="checkbox"/> post <input type="checkbox"/> reel	